

Biographies Which Make People Strong: A Descriptive Analysis

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Abstract

The goal of this paper is an attempt to describe the role of Biographies in making people mentally strong. Being an Undergraduate student, technically right at the beginning of my adulthood, I could easily understand the struggles that the teens and adults undergoing. Biographies have the essence to enhance the life of people. Biographies provide the morals and values to life. Biographies portrays a person's experience of life events which makes people strong. The stuffs in Biographies gives the best advices to a person. In this work, I used quotation from nine biographies and these quotation were related to life enhancement which could make people much more stronger. These biographies give life essential keys like Belief, Courage, Ambition and Hard work. The ups and downs in life events and how to get out from those struggles are the best things that we could get from Biographies.

Keywords: Biographies, Strong, Belief, Courage and Hardwork.

While we are stepping into the year 2020 we reached the pinnacle of techno world, we reached Mars and doing our research on new planets, still we couldn't sought out solution to our life problems. Here some quotes related to life which describe how to lead a life wisely and which makes us strong.

To make ourself stronger we need to understand what life is. To get a better understanding we need to put these bitter truth in our amygdala that we could not go back to our past life . We don't have the ability to go back to the past life. So whatever we did in past, is past, we have to overcome it and be ready to face the consequence. Just like sped arrow which goes in a straight path and never come back to our hands, the spoken word and the past life, couldn't come back into our hands and we have to be ready to face consequences it brings. Some opportunity may take us into the world, we dreamt of, but once we neglect it, we can't reach it back. Therefore the Neglected opportunities are as same as the other three things. In order to make people strong they need a clear vision about these four things, when they realize how important these four terms in their life, they need some more stuff in order to handle these four.

"We shall recover tomorrow, or afterwards,

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What you have lost today, Nothing is lost while courage remains”

“The Future is a matter of contempt for those with courage”

(NAL 2014)

When we feel we lost everything and we could not go back to past to change it, if we have this one thing we could easily trap those lost things that is courage when we have courage to face anything, then problem are nothing just a passing clouds. Courage is a character that everyone wants. It is the ability to face one’s fear despite what obstacles may lie in a person’s path. Courage can be physical and moral. Endurance and innovation are also considered courageous traits. This good character helps businessmen to take risks as well.

“Innovation is a finite resource”

(EM 2015)

For many people, the greatest act of courage would be one who risks or gives their life up for someone else.

“Your time is limited, so don’t waste it living someone else’s life. Don’t be trapped by dogma; which is living with the results of Other people’s thinking. Don’t let the noise of other’s opinions Drown out your own inner voice and most important, have the courage to follow your heart and intuition. They somehow already know what you truly want to become. Everything else is secondary.”

(SJ 2011)

The major issue, now the teen and the adult have is all about society and its dogma. But when courage enters it breaks everything it makes us to follow the path we want to follow and it takes us into the world of our own. To make our own world we need Ambition.

“Ambition was the motive force and he was powerless to resist it”

(C 2001)

Once we decide our Ambition then even we cannot stop ourself, when we have a strong desire in it. Ambition means a strong desire to do or achieve something in the life. Ambition gives us aims, objects, goals and targets of life. It gives us a sense of direction and motivation towards our goals in the life. Ambition is very much required as it gives you strength to steer in

life and also to get us focused towards our destination. Your ambitions gives you a height and provide enough thrust to move ahead in life. To be more ambitious in life one have to eliminate negative thoughts and promote positive ones and he/she should belief in herself and in her dreams.

“Believe in your dream and believe in yourself”

(ATHTJB 2016)

Chasing dreams allow us to develop courage within ourself which is ultimately be the fuel to our success in life.

***“Learn from others the tactics and the skills, but don’t
Change your dream.”***

(ATHTJB 2016)

Dreams have no limits. That’s the best part about them. Whether one strive to become Superman, The Incredible Hulk, President of The United States of America, or the best worker he/she can be within their profession, It is up to the dreamer to take action and strive for the success that he/she wishes to see which needs little bit of hard work.

***“I know only one alternative to hard unrelenting work,
It is yet more work.”***

(IGB 1992)

Hard work is the most important key to success. The achievements without hard work are impossible. An idle person can never gain anything if they sit and wait for the better opportunity to come, The person who is working hard is able to gain the success and happiness in life. Nothing is easy to be achieved n life without doing any hard work. The hard work is a price that we pay for success in the life.

The constant vigilance and preparedness to work is the price we have to pay for the success in life. Work is a privilege and a pleasure , the idleness is a luxury that no one can afford.. Man is born to work and prosper in life. He like steel shines in use and rusts in rest. The work is worship. The man of actions acts in the living present. There is no tomorrow for him. He makes the best of time. Life is full of strife . It is the action, activity of law of nature. A life of idleness is a life of shame and disgrace. Idle men are intruders on society . We are endowed with brain and limbs, which are meant to properly exercised. For a continuous hardwork one need wil l power.

*“If I have to die, it will be in this cave
The bullets , what can the bullets do to me
If my destiny is to die by drowninng. But I am
Going to overcome destiny. Destiny can be
achieved by will power.”*

(CGARL 1997)

Will power gives us the ability to achieve our destiny through hardwork . Reading habit takes huge part in developing will power.

*“Abe was getting hungry for books, reading
Everything he could lay on his hands”*

(ALAB 2009)

Reading develops our thoughts, gives us endless knowledge and lessons to read while keeping our minds active. The habit of reading is one of the best qualities that a person can possess. Reading helps a great deal in building confidence, reduces the stress and puts you in a better mood.

I tend to believe that people become strong when they achieve their dreams or Ambition. Reaching ambition is a step by step process; Courage is the first step in achieving ambition, Belief in dreams is the second step, Hard work is the third step. Reading is the handrail besides these three steps. Finally when they achieve their goal they become a stronger one. The above quotes were taken from biographies which gives detailed explanation about what life is? and How one can become stronger? BIOGRAPHIES MAKE PEOPLE STRONG.

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